

# NEW YEAR, NEW THINGS FAR SOUTHSIDE ROSC

Communities: West Englewood, Auburn Gresham, Beverly, Washington Heights, Mount Greenwood, Morgan Park, Roseland North-East, Calumet Heights, Pullman, South Deering, Hegewisch, Oak Lawn, Evergreen Park, Robbins Illinois (Southwest), Hammond Indiana



## TEECH AND FAR SOUTHSIDE ROSC COUNCIL

SUBSTANCE USE AND RECOVERY

### THE FSSRI/TEECH WANTS YOU TO KNOW

the effectiveness of ROSC Coalitions and our purpose. AS we continue to work with collaborating partners to build our communities the FSSRI/TEECH is having a great start to 2025. We have addressed many issues that were discussed in community meetings, individual discussions and the needs assessment of 2024. FSSRI with collaborating partners has made a significant impact on the communities they are working with and below are some highlights.





# BUILDING COMMUNITY COLLABORATIONS



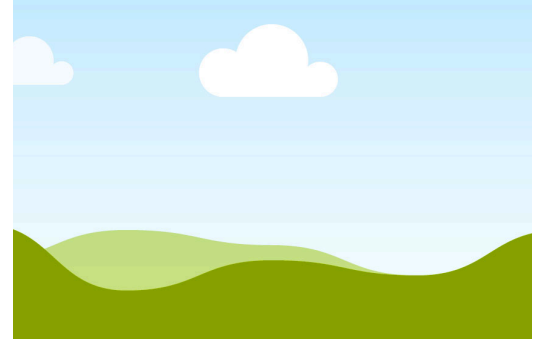
Building collaborations within communities on the Far Southside of Chicago was a task that seemed almost impossible. Still, with diligence, the Far Southside ROSC Initiative was able to get buy-in from those in active addiction, recovery, family, friends, the community, and those with mental health issues. The Far Southside ROSC Initiative goal has been to change the long-time community dynamics of being segregated and "Hush, Hush" Communities. This means they did not talk about what was going on they choose to keep silent, so no one knew the struggles that they were facing on the Far Southside of Chicago. Overall: Collaboration was the only way to get the services and assistance those on the Far Southside needed. Collaboration has brought on the reprieve needed for the Far Southside of Chicago as evidence of the success that has been accomplished since the Far Southside ROSC Initiative was established. The Far Southside ROSC Initiative and their partners have collaborated and seen many barriers, gaps, and changes occur that have assisted those in active addition, recovery, family friends, the community, and those with mental health issues by providing education and resources

The far South side communities have a combined population of over 76,000 residents. Approximately 98% of residents are people of color, and more than 65% are unemployed or not in the labor market. The Far South communities are rich in natural and cultural assets rooted in African American culture. The individual assets and gifts of the Far Southside are the diversity and multi-faceted mix of individuals, families, businesses, and organizations. <https://www.google.com/search?client=safari&rls=en&q=far+southside+demographcs&ie=UTF-8&oe=UTF-8>



# A GREAT START TO 2025

FSSRI/TEECH has a great start to 2025. We have addressed many issues that was presented in the needs assessment of 2024. FSSRI with collaborating partners has made a significant impact on the communities they are working with and below are some highlights.



## HOW WE SERVED IN 2024

- Survey
- We obtained 16 new ROSC council members/organizations in 2024
- Hosted five community events
- Co-hosted 10 community events
- We have many Alumni and PLEs who assist community members with getting to meetings, getting jobs, housing, etc. for their peers.
- We distributed 2,880.00 Narcan Kits.
- We trained 897 individuals on Narcan.
- We have put 30 Naloxone (Narcan) mountable boxes in establishments and plan to put more.
- We are now training and placing Narcan in senior buildings.

### LOCATIONS FSSRI ROSC/TEECH SERVES



West Englewood | Auburn Gresham | Beverly | Washington Heights | Mount Greenwood  
 Morgan Park | Roseland North-East | Calumet Heights | Pullman | South Deering  
 Hegewisch | Oak Lawn | Evergreen Park | Robbins Illinois (Southwest) | Hammond, Indiana



# HOW WE SERVED IN 2024 CONTINUED

- We distributed 1,200 COVID Tests
- We distributed 4,500 Mask
- Jan 2024 - June 2024 2,340.00 Ora quick HIV In-Home Self-Testing Kits were distributed
- We now have recovery coaches in the hospitals.
- We have serviced 91 individuals in our recovery support program through ROSC networking.
- Improved healthcare for seniors through UChicago Medicine
- We have gotten buy-in with religious groups (Recovery Certified Congregations)
- Caps is hosting monthly meetings in all communities.

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## CITIES WE IMPACTED

### West Englewood

Affordable housing redevelopment  
 Fifth Third Bank Opened  
 Community Farm

### Auburn Gresham

Neighborhood Health Hub  
 Oxford House (Burbank/Auburn Gresham)  
 Fresh Fruit Market (Pete's Grocery) Auburn Gresham  
 Trilony Mental Health Center



# CITIES WE IMPACTED CONTINUED

## Beverly

CPD reports a drop in crime  
Beyond Healing Counseling Therapeutic Services  
Six Story mixed use 102 apartment units with commercial use

## Washington Heights

Biomedical Research Building  
Affordable housing redevelopment

## Mount Greenwood

In discussion of community enhancement and what that will look like.

## Morgan Park

In discussion of transforming an empty grocery store and abandoned property into new apartment buildings, stores, parks and a performing arts center.

## Roseland North-East

3 families obtained their very first homes through the build back Chicago (Hope Center)  
Roseland Community Recovery Home in the process of opening  
Live wise (Youth Program)

## Calumet Heights

Recovery Bound (Phoenix/Calumet Heights)

## Pullman

South Deering  
Library renovations

## Hegewisch

In discussion of community enhancement and what that will look like.

## Oak Lawn

Mental Health Floor - Hospital (Little Company Mary)

## Evergreen Park

Got cameras in the parking lots of stores and more police security.

## Robbins Illinois (Southwest)

Became more acceptable to harm reduction and allowing Narcan to be placed in facilities.

## Hammond Indiana

Became more acceptable to harm reduction and allowing Narcan to be placed in facilities.



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# Become a Certified RECOVERY CONGREGATION

**ILLINOIS FAITH & RECOVERY COLLABORATIVE**

Mental health challenges, substance use, and addiction can cast a heavy shadow over families and communities alike. Thus, it becomes essential for the church to play a pivotal role in the healing journey.

**Equip your congregation with training and acquire the skills necessary to overcome these obstacles!**

**GET CERTIFIED FOR FREE!** ⋮

Contact Rev. Dr. Karen White @ (224) 406-3798  
or [drkwhite@techfoundation.net](mailto:drkwhite@techfoundation.net)





# Center for **Community Engagement** at Chestnut Health Systems



## Engaging the Illinois Faith Community to Increase Recovery and Mental Health Community Support

Illinois is a diverse State with nearly 13 million residents, 73% of whom identify as being part of roughly 11,800 communities of faith.<sup>1</sup> Often, faith communities are one of the first places individuals and families impacted by substance use disorders and other mental illnesses turn to for help.

### COMMUNITIES OF FAITH CAN MAKE A BIG IMPACT!



**4.2 Million**

Illinois residents attend a religious service at least once per week<sup>2</sup>



**3,013**

Illinois residents died from a drug overdose in 2021<sup>1</sup>

For every life lost to an overdose, there are 1,393 faith-based community members.

***That's 1,393 chances to make a difference.***

Substance use and mental health disorders do not discriminate, they can affect anyone in any community. In 2023, 28.7% of adults in Illinois reported symptoms of anxiety or depressive disorders.<sup>2</sup> Which means, over 1 in every 4 Illinois residents is impacted by a mental health disorder. This number increases when including family members and loved ones of individuals suffering from mental health disorder symptoms or diagnosis. Statistically, this also means that these individuals and families are participants in faith communities across the state.

The Illinois Faith & Recovery Collaborative seeks to support and empower the work faith communities are doing to support individuals and families by providing information, trainings, toolkits, and networking opportunities.



## Goals of the Illinois Faith & Recovery Collaborative:

- Increase awareness of mental health and substance use challenges
- Identify and decrease stigma against substance use and mental health disorders
- Enhance collaboration between faith and recovery communities
- Increase community supports for individuals in recovery
- Increase recovery program participation and referrals
- Provide local resources
- Promote local prevention efforts
- Decrease deaths by overdose and suicide

### Become a Certified Recovery Congregation

#### CERTIFICATION REQUIREMENTS FOR FAITH COMMUNITIES:

- Complete four specified trainings on mental health and substance use issues within one calendar year.
- Additional trainings every two years



#### CERTIFIED RECOVERY CONGREGATIONS ARE KNOWN & PROMOTED PUBLICLY AS:

- Safe and welcoming to those in recovery and their families.
- Equipped and informed communities for those facing substance use and mental health challenges.
- A resource hub for substance use and mental health assistance.



#### CERTIFIED RECOVERY CONGREGATIONS ARE ELIGIBLE FOR:

- Additional training opportunities
- Printed materials, resources, and local support program development toolkits
- Engagement in advisory and collaborative groups
- Technical assistance and support from the CCE



To inquire about resources, training, assistance or for further information, please contact us at: [CoalitionSupport@chestnut.org](mailto:CoalitionSupport@chestnut.org)

The Illinois Faith and Recovery Collaborative is part of the Center for Community Engagement project; funded in whole or in part by a State Opioid Response Grant to the Illinois Department of Human Services, Division of Substance Use, Prevention, and Recovery, from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.





# Reminder! Help Is Here!

THE ILLINOIS HELPLINE FOR OPIOIDS AND OTHER SUBSTANCES

WE ARE CONTINUING TO PUT NARCAN MACHINES THROUGHOUT OUR COMMUNITIES



Call 833 - FINDHELP/ (833) 234-6343 or text "HELP to 833234.  
Available 24/7, 365 days a year and is completely FREE.



TEECH continues to distribute Narcan and host trainings.  
In need of Narcan or training? Contact TEECH

## 988 Suicide and Crisis Lifeline

People can call, text, or chat the number, and be routed to counselors of the  
National

[www.teechfoundation1.org](http://www.teechfoundation1.org) | 1750 W. 103rd | Chicago, Illinois 60643

# We Want You to Know

## 10 Fun New Year's Facts!

<https://www.todayslifeonline.com/parent-resources/blog/ten-fun-new-years-facts-traditions/>



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## Far Southside ROSC Initiative Community Meetings

We come together to address addiction, recovery, family, friends and the community concerns and issues and to educate and network. You are invited to attend the monthly ROSC meetings every 4th Monday of the month from **10:00 a.m. to 12:00 p.m.**

**Location: Bethany Union Church 1750 W 103rd Street, Chicago, Illinois 60643 or zoom.**

## Call to Action:

Both substance misuse and substance use disorders harm the health and well-being of individuals and communities.

Addressing them requires the implementation of effective strategies

Substance misuse is the use of alcohol or illicit or prescription drugs in a manner that may cause harm to users or to those around them. Harms can include overdoses, interpersonal violence, motor vehicle crashes, as well as injuries, homicides, and suicides—the leading causes of death in adolescents and young adults (aged 12 to 25).<sup>11</sup> In 2015, 47.7 million Americans used an illicit drug or misused a prescription medication in the past year, 66.7 million binge drank in the past month, and 27.9 million self-reported driving under the influence (DUI) in the past year.<sup>9</sup>

Substance use disorders are medical illnesses that develop in some individuals who misuse substances—more than 20 million individuals in 2015.<sup>9</sup> These disorders involve impaired control over substance use that results from disruption of specific brain circuits. Substance use disorders occur along a continuum from mild to severe; severe substance use disorders are also called *addictions*. Because substances have particularly powerful effects on the developing adolescent brain, young adults who misuse substances are at increased risk of developing a substance use disorder at some point in their lives. <https://www.ncbi.nlm.nih.gov/books/NBK424861/>

This call to action from TEECH emphasizes the need to treat enhancing the quality of life as a community epidemic.

Please visit our website to view our community involvement and while you are there, please donate.

[www.teechfoundation1.org](http://www.teechfoundation1.org).

Please call or email TEECH for all donations (224) 406-3698 or email: [drkwhite@teechfoundation.net](mailto:drkwhite@teechfoundation.net) or donate through our website [www.teechfoundation1.org](http://www.teechfoundation1.org)





## AND CONNECT WITH US ON SOCIAL MEDIA



teechfoundation1



[www.teechfoundation1.org](http://www.teechfoundation1.org)



teechfoundation



[drkwhite@teechfoundation.net](mailto:drkwhite@teechfoundation.net)

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# Vision

T.E.E.C.H Foundation's vision is to continue fighting the fight of addiction by building a platform of unity and resources through advocacy and education with the goal of sustaining long-term recovery. T.E.E.C.H strives to build communities that no longer fear or stigmatize the recovering or mentally challenged person but treats them with dignity and respect; therefore, offering services to make this vision a reality.

# Mission

To dispel fear and enhance the love of self and others through the vehicle of education for the recovering person and community; embracing the philosophy, "If it's to be, it is up to me". T.E.E.C.H believes recovery is comprised of countless pathways that contribute to a healthy quality of life for those who are seeking long-term recovery.